



Heart & Stroke

RIDE
for
HEART

JUNE 5, 2016

Run Ambassador Application Form

Name:

Brief biography:

Number of years you've been "a runner" (we're looking from beginners to veterans):

Connection to the Heart and Stroke Foundation, if any?

Who or what inspires you in your running?

Do you run with a formal group?

Who/where are they located?

Who do you hope to connect with and inspire through this program?

Blog link (if applicable):

Twitter handle:

Instagram handle:

Please tell us why you'd make a great ambassador for the Heart and Stroke Foundation Ride/Run for Heart:

Questions? Please contact Seanna@runningwell.ca

Return applications to:

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