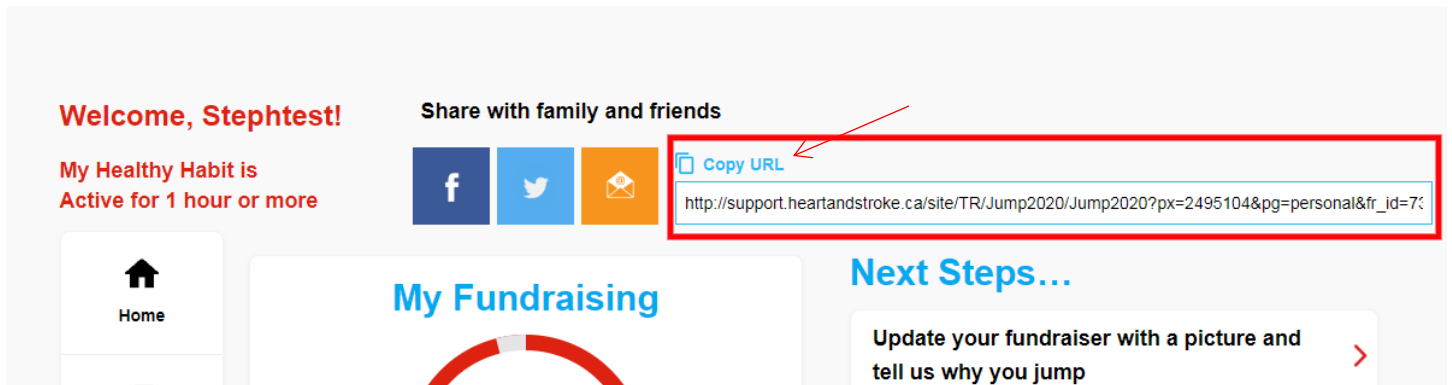


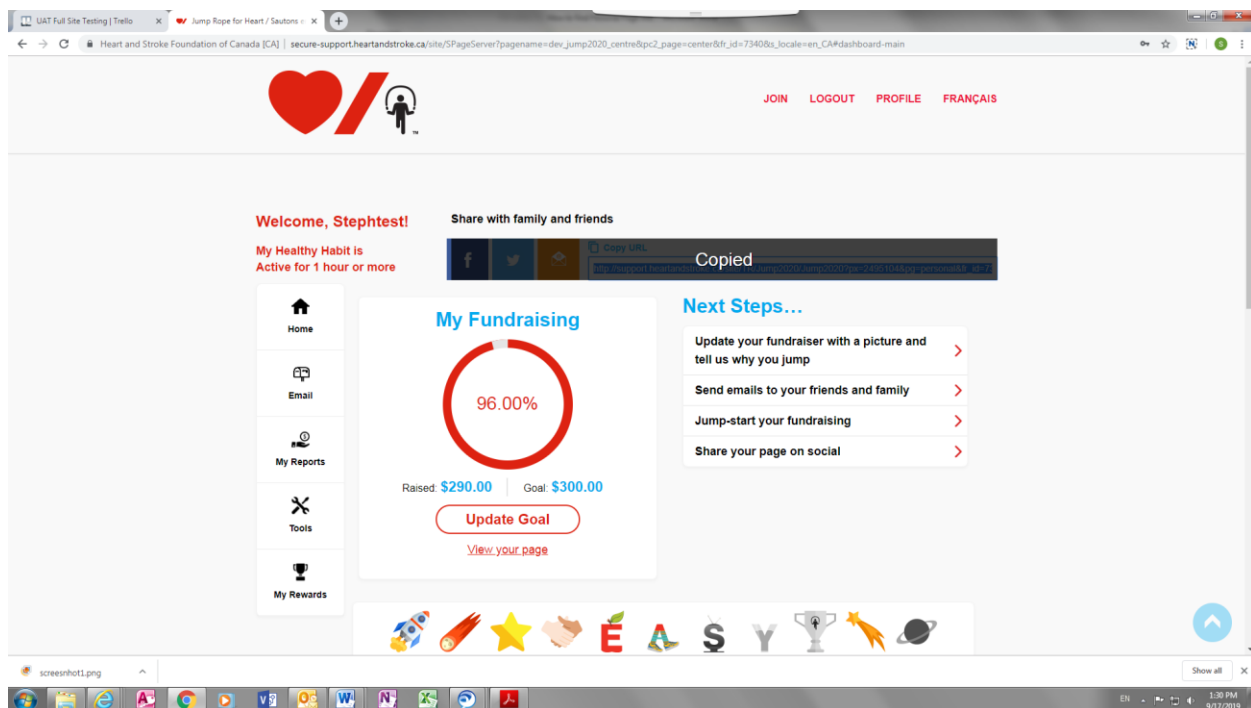


How to Find Your Personal Page Link

1. Log in to your Participant Centre.
2. At the top of your Participant Centre, locate the field “Copy URL”.



3. Click on “Copy URL” and it will copy your Personal Page link to your clipboard.



4. You can now paste your Personal Page link into emails or social media posts.



How to Shorten Your Personal Page Link

1. Log in to your Participant Centre.
2. Under the “Next Steps...” section click on “Update your fundraiser with a picture and tell us why you jump”.

Welcome, Stepptest!

My Healthy Habit is Active for 1 hour or more

Share with family and friends

Copy URL
http://support.heartandstroke.ca/site/TR/Jump2020/Jump2020?px=2495104&pg=personal&fr_id=70

Home
Email
My Reports

My Fundraising

96.00%

Next Steps...

- Update your fundraiser with a picture and tell us why you jump
- Send emails to your friends and family
- Jump-start your fundraising
- Share your page on social

3. Under the “Content” tab in the “Edit Your Personal Fundraising Page” section click on “Shorten your URL”.

Welcome, Stepptest!

My Healthy Habit is Active for 1 hour or more

Share with family and friends

Copy URL
http://support.heartandstroke.ca/site/TR/Jump2020/Jump2020?px=2495104&pg=personal&fr_id=70

Home
Email
My Reports

Content Photo/Video

Edit Your Personal Fundraising Page [View Personal Page](#)

Personal Page URL: **Shorten your URL**
<http://support.heartandstroke.ca/goto/stepptest>
This page is Private

Title



4. You will then be able to edit your Personal Page link in the text box that appears. Once done click “Save”.

Content **Photo/Video**

Edit Your Personal Fundraising Page [View Personal Page](#)

Personal Page URL: [\(Shorten your URL\)](#)
http://support.heartandstroke.ca/goto/stephtests

This page is
 Public (Everyone can find and view your Personal Page.)
 Private (Only people who know the exact URL can find and view your Personal Page.)

5. A message will then appear letting you know that your changes were saved.

Content **Photo/Video**

Edit Your Personal Fundraising Page [View Personal Page](#)

✔ The shortcut was successfully updated.

✔ The privacy setting was successfully updated.

Personal Page URL: [\(Shorten your URL\)](#)
http://support.heartandstroke.ca/goto/stephtests
This page is **Private**