



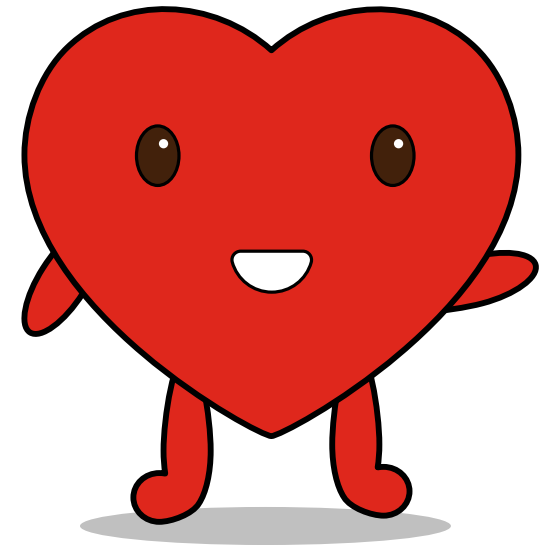
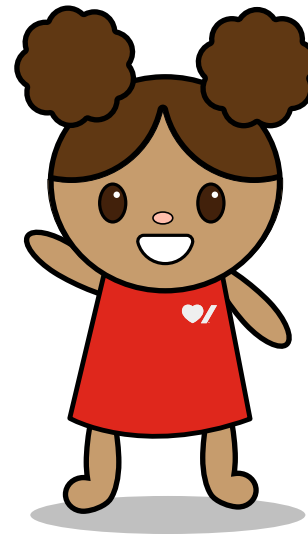
# Congratulations!

**This certificate is presented to:**

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in recognition of your participation in the  
Heart & Stroke Jump Rope for Heart program.

**Thank you for helping Canadian families  
live longer, healthier lives!**



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Signature

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Date